

Cuisine

Goût de France coming to Seychelles in 5th edition

Restaurants around Seychelles will be flying the French flag on 21 March as 5,000 chefs in 150 countries around the world participate in a celebration of the country's rich gastronomy.

by W. J. May

Seychelles was amongst the countries with the highest number of participants based on population size in last year's event, and the French Embassy and Seychelles Tourism Board (STB) are partnering up again this year to replicate the success of the 4th edition of Goût de France.

This time round, dishes will draw inspiration from sunny Provence, a southeastern region of France whose cuisine is founded on olive oil, garlic, seafood and racy spices.

French Ambassador to Seychelles, Lionel Majesté-Larrouy and CEO of STB, Sherin Francis officially launched the event on Friday, 1 March.

"This event has been a great success in recent years, and we hope this year it will be even more important, not only for



tourists to sample but above all for the population of Seychelles, Majesté-Larrouy said.

"We do not want dishes to be elitist and over-expensive so we have asked chefs and other participants to ensure a menu that is affordable, perhaps with specific prices to entice all Seychellois who might want to get involved," he added.

Three of the nine partnering establishments to the Goût de France edition were also present at the launch at Botanical House, namely Pierre Delplace owner of Del Place Restaurant who was accompanied by Chef Julien, Chef Hamzeh represented Kempinski, and Low from Berjaya Beau Vallon Bay Resort & Casino.

Emphasis is being put on sustainability with chefs encouraged to use exclusively organic products and eliminate plastic usage. Nine local establishments have so far signed up to the event including hotels Berjaya and Kempinski, and Restaurant Del Place.

Majesté-Larrouy mentioned that Seychelles recorded the highest participation rate per capita in the previous edition.

He highlighted the success of the event globally, as the number of participating restaurants keeps on increasing every year.

Majesté-Larrouy said while the French gastronomy is well-known the event helps to showcase how the French cuisine has evolved and can be linked to new gastronomies and can also incorporate products from other countries. Chefs in Seychelles will be among 5,000 chefs worldwide to be presented with certificates for participating in the 2019 Goût de France.

Following the Press conference, guests and members of the press had the pleasure to discover few sample of the chef's special Provençal treats from Del Place Restaurant while the Kempinski provided a sweetened touch through an assortment of chocolates.



Seychelles to join the international culinary event Goût de France Good France for its fifth edition